



After School Enrichment Clubs

I am excited that we can offer eight options for our 2nd semester After School Enrichment Clubs! All clubs will be conducted from **3:00-4:00pm**, unless otherwise noted below. Clubs are open to all students; including those participating in both the after-school care program and those only wanting to participate in the clubs.-

All teachers that teach in our after-school clubs are accompanied by a school employee and all after school staff, club teachers included, have a background check on file.

Clubs will begin the week of February 3rd and run for approximately 13 weeks, or as noted for each club, attached is the calendar. The charge is \$15.00 per class for each child or as noted on the outside club registration links.

Scholarships are available. Please contact Mrs. Rodriguez if you have this need.

	Monday	Tuesday	Wednesday	Thursday	Friday
Club	Razzle Dazzle Spirit Team	Vamos a Bailar	Razzle Dazzle Spirit Team	Vamos a Bailar	**Glee Club
Location	Big Room	Cafeteria	Big Room	Cafeteria	Cafeteria
Teacher	Ms. Angela McKeown	Mrs. Johanna Guerrero	Ms. Angela McKeown	Mrs. Johanna Guerrero	TBD Future Hearts, Minds & Dreams
Club		Carlson Gracie JiuJitsu	Hip Hop Dance	Carlson Gracie JiuJitsu	Running Club*
Location		Big Room	Cafeteria	Big Room	Outside
Teacher		Prof. Daniel Souza 3:00-4:30	TBD Future Hearts, Minds & Dreams	Prof. Daniel Souza 3:00-4:30	Ms. Geisel
Club				Creative Drama	
Location				TBD	
Teacher				TBD Future Hearts, Minds & Dreams	
Club				Coding & Robotics	
Location				Mrs. Reyes's Room	
Teacher				Mrs. Reyes	

Clubs require at least 5 participants. If we do not have that many students enroll by the first two sessions, we will cancel the club.

MONDAY

- **Razzle Dazzle Spirit Team (3:00-4:00)** *is provided by the Razzle Dazzle organization. This is not a school sponsored program or managed by the school. For more information please visit www.cheerdancedrill.org/sabe/ or email at saberazzledazzle19@gmail.com. The Razzle Dazzle Spirit Team practices on Mondays and Wednesdays.*
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TUESDAY

- **Vamos a Bailar (3:00-4:00)**; see Mrs. Guerrero's training and plans for the club below:

My name is Johanna Guerrero. I am a mother to two SABE students, an Auntie to one and a current psychology student at NMHU. It was at the Fred Astaire Dance Studios in Chandler and Mesa Arizona from 2005 to 2007 where I became a certified dance instructor and had the opportunity to share my passion for dance with many. Like most instructors, I taught traditional ballroom, Latin, and swing dances in addition to choreographed routines for weddings and special events. The program I am designing will be held twice a week so that students effectively and continuously build on what they learn. It will consist mainly of partner dancing where students will learn to both be leaders and followers; an important element in social dance. I plan on teaching mainstream Latin dances such as Salsa, Cha-Cha, and Merengue while closely following the instruction manual I used as a Fred Astaire Dance Instructor. It is my goal that while students learn the basics and foundations of these high energy dances that they also enjoy all the benefits they bring along the way; such as Health and Exercise, Fun and excitement and most importantly confidence.

For registration, please complete the attached school registration form and submit payment. This club also meets on Thursday.

Please join Mrs. Guerrero for the two clinics being offered on Tuesday, January 28th and Thursday, January 30th from 3:00-4:00.

There is no charge for the clinics, but parents need to be present for these clinics.

SEE MORE BELOW



- Carlson Gracie JiuJitsu (3:00-4:30) *This is not a school sponsored program or managed by the school.* <https://www.coyotebjj.com/>



The word “Jiu Jitsu” derives from the Japanese “Jū” meaning “Gentle” and “Jutsu” meaning “Art”; essentially, **Jiu Jitsu** is the “Gentle Art”. Brazilian Jiu Jitsu is a predominantly ground-based martial art, using the principals of leverage, angles, pressure and timing, as well as knowledge of the human anatomy, in order to achieve a **non-violent** submission of one’s opponent. Unlike other martial arts that focus on strikes and/or kicks, jiu jitsu focuses on close-contact “grappling” holds and techniques, and the application of chokes and joint-manipulations very efficient for self-defense and sport.



Professor **Daniel “Coyote” Souza** was born in 1976 in Rio de Janeiro, Brazil and raised in Belo Horizonte, Brazil. In 1981 Professor Souza began training Judo. In 1985 he started training in Brazilian Jiu-Jitsu under **Master Rui Diniz Ferreira, 7th Degree Coral Belt** and **Master Hilton Leao Silva, 9th Degree Red Belt**. Professor “Souza” earned his **Brazilian Jiu Jitsu Black Belt** and graduated with his **Bachelor’s Degree in Physical Education in 1998**.

In 1993, Professor Souza began teaching Brazilian Jiu Jitsu at the school of his former master. In 1996 he began teaching under his own name, **Coyote Brazilian Jiu-Jitsu**. In 2000, Professor Souza founded **Coyote Brazilian Jiu-Jitsu Academy** in Brazil, now affiliated with **Carlson Gracie Team**.

Professor **Souza** began teaching in the United States beginning in 2002, San Diego, CA. He finally moved permanently to **Albuquerque, NM** in 2016 holding the rank of a **5th Degree Black Belt**. There, he has built his **Coyote Brazilian Jiu-Jitsu Academy/Carlson Gracie Team** from the ground up as well as **NMBJJF “New Mexico Brazilian Jiu Jitsu Federation”**. The New Mexico Brazilian Jiu-Jitsu Federation which puts on several Jiu-Jitsu tournaments a year. Married with Gabriela Souza, and have four kids, Ryckson(24), Rollyson(20), Alex(12) and Sarah(10), they all practice BJJ.

Professor Souza has won multiple titles and medals as an individual athlete throughout his martial arts career, and his school has earned multiple first place titles and trophies.

Professor Souza’s martial arts career summarized:
38 years of Judo, Godan 5th Dan Black Belt
34 years of Brazilian Jiu Jitsu, 5th Degree Black Belt
17 years of Muay Thai, Black kruang-Prajied
1994 to 2008 MMA (21 - 2)



Phone: (505) 340-1836

Website: www.coyotebjj.com

Facebook: [carlsongracieabq](https://www.facebook.com/carlsongracieabq)

Instagram: [carlsongraciecoyotebjjabq](https://www.instagram.com/carlsongraciecoyotebjjabq)

Please join Prof. Daniel Souza for two clinics being offered on Tuesday, January 28th and Thursday, January 30th from 3:00-4:00.

There is no charge for the clinics, but parents need to be present for these clinics.

Registration details will be shared at this time!

WEDNESDAY:

- Razzle Dazzle Spirit Team (3:00-4:00)
- Hip Hop Dance: Presented by Future Hearts, Minds & Dreams *This is not a school sponsored program or managed by the school.* (3:00-4:00):

Hip Hop is a fun movement class for grades Prek-5th! Students learn dances to today's most popular pop songs, and with this class students will share their dance/s in the last class of the session. In this class dancers learn important skills like: pattern & sequencing recognition, body, ensemble & music awareness, as well as basic terminology.



Future Hearts, Minds & Dreamers
Is Proud to Partner w/SABE
Offering Hip Hop, Creative Drama & Musical Theatre!



Sandoval Academy Of Bilingual Education

4321 Fulcrum Way NE
suite a, Rio Rancho, NM
87144, USA



Hip Hop
K-8th
Wednesdays
3-4pm
Feb. 12th-May
20th
(14 wks)
\$210



Creative Drama/Improv
K-8th
Thursdays
3-4pm
Feb. 6th-May 14th
(13 wks)
\$195



Musical Theatre/Glee Club
K-8th
Fridays
3-4pm
Feb. 7th-May 15th
(13 wks)
\$195

Call (805)
901-4130 to
receive the
sibling discount!

Registration Now Open!

www.fhmdfhmd.com/enrollnow-1

Please register at this link: <https://www.fhmdfhmd.com/enrollnow-1>

THURSDAY:

- **Coding & Robotics Club (3:00-4:00):** *Mrs. Felicitas Reyes (special services coordinator/ special education educator) will continue leading our Coding & Robotics Club. We will be participating in the International RoboRave in May! More information to come!*
- **Vamos a Bailar (3:00-4:00)** (information above on Tuesday)
- **Creative Drama: Presented by: Future Hearts, Minds & Dreams** *This is not a school sponsored program or managed by the school. (3:00-4:00):*

Creative Drama or Improv is the foundation of play for all ages! Students will learn how to problem solve, work as a team and use their imagination to produce characters and stories. This class can work uniquely with each age group ensuring the material is age appropriate. Students will learn theatre skills through fun games, exercises and short scenes. Through this program they will gain self-confidence, make friends, learn memorization and projection skills that will help them succeed in life.

Register here: <https://www.fhmdfhmd.com/enrollnow-1>

- **Carlson Gracie JiuJitsu (3:00-4:30)** (information above on Tuesday)

FRIDAY:

- **Running Club (3:00-4:00):** *Ms. Geisel, who is an avid runner, will be offering the Running Club this semester. We will continue to set goals and measure progress. We will be using some tools this year to keep that measure! At the end of this semester, all students who participated will run in our Spring Color Run, organized by our Middle School Student Ambassadors and sponsors.*
- **Glee Club:** Presented by: Future Hearts, Minds & Dreams *This is not a school sponsored program or managed by the school. (3:00-4:00):*

Register here:

<https://www.fhmdfhmd.com/enrollnow-1>

In Musical Theatre/Glee Club students will focus on developing their singing/acting/movement skills in a variety of musical theatre performing styles. From Fosse, to Porter students practice to perfect their musical song of their choice. With guidance from the instructor, students grades K-8th design their own musical performance. Students learn skills like: healthy vocal qualities, music theory, body awareness, confidence, how to create a character and creative expression through song.

Important Details: Pick-up for all clubs will be in the after-school area, doors in the middle part of the building, it will be marked. All children must be signed out by an authorized adult during pick-up with the program teacher. Students not enrolled in after school care must be picked up by 4:00pm to avoid paying the after-school care drop in charge of \$15.00/day.

Thank you so much for your interest and support! We look forward to a fun and educational semester. For questions about clubs, please speak to Ms. Valdez or email jrodriguez@nmsabe.org.

Kenisha Valdez, After School Coordinator

Jackie Rodriguez, Director/Principal



After School Enrichment Club Registration Form Spring 2019-2020

☐ My child currently attends the After-School Care Program

CLUB INFORMATION

Please choose the school sponsored clubs that you are registering your child for. You only have to complete this for the clubs listed below:

- ☐ **Vamos a Bailar**
- ☐ **Running Club**
- ☐ **Coding & Robotics**

Reminder: Razzle Dazzle, JiuJitsu, Hip Hop Dance, Creative Drama & Glee Club are offered at SABE but are not school sponsored and have their own registration, requirements, cost, rules and calendar. Please see the details under each description. Thank you!

I understand that all clubs will meet until 4:00pm. If there are any changes to this schedule, parents/guardians will be notified as soon as possible via ClassDojo or other means. Any student not picked up by 4:00pm will be assigned to the after-school program for the day for a fee of \$15/day. (Initials) _____

I understand that club fees are non-refundable and meeting dates can be changed, with all intention of making up missed classes when possible. (Initials) _____

STUDENT INFORMATION

(one form needs to be completed for each student participating)

First Name: _____ Last Name(s): _____ Gender: M / F

Grade: _____ Teacher: _____

Special Needs or Allergies: _____

Notes (please share anything you think we need to know): _____



PARENTS' / GUARDIAN INFORMATION

1) Name: _____ Last Name: _____ Phone: _____

Email: _____ Best method of contact: __ text __ email __ note

Mailing Address: _____

2) Name: _____ Last Name: _____ Phone: _____

Email: _____ Best method of contact: __ text __ email __ note

Mailing Address: _____

Please list any other adults authorized to pick up the student, whom we may also contact in case of emergency if we are unable to reach you. Only parents/guardians and adults listed here will be authorized to sign out children participating in the after-school programs; identification will be required.

1) Name: _____ Phone: _____ Relationship: _____

2) Name: _____ Phone: _____ Relationship: _____

3) Name: _____ Phone: _____ Relationship: _____

I understand that if there are any changes to this information, it is my responsibility to notify the after-school programs coordinator as soon as possible. *(Initials)* _____

Parent Signature: _____ **Date:** _____